Contraceptive and Sexual Health Services

Services are confidential.

No appointment is needed for young people's drop in clinic (see items in bold text below). There will be additional young people's clinics opening shortly, please ring 01803 656500 for further information. For other sessions please phone to book an appointment, 9am-5pm, Monday to Friday, or leave a message.

- Full contraception service
- Pregnancy testing
- Emergency contraception
- Chlamydia screening
- Smear tests
- Help with unplanned pregnancies
- Condoms

Contraceptive Clinics

Mon
afternoon - phone to book appointment
Midvale Road, Paignton tel: 01803 656500
Young people's drop in, 3-6pm, Castle Circus Health Centre, Torquay tel: 01803 656500

Tues
Teignmouth Hospital (fortnightly)
tel: 01803 656500
Totnes Hospital (fortnightly) tel: 01803 656500
Newton Abbot Hospital tel: 01803 656500

Weds
morning - phone to book appointment
Castle Circus Health Centre tel: 01803 656500
afternoon - drop in (phone to find out time)
Castle Circus Health Centre tel: 01803 656500
Young people's drop in 3-6pm, Brixham Clinic tel: 01803 656500

Thurs
morning - phone to book appointment, Brixham clinic (fortnightly) tel: 01803 656500
afternoon - phone to book appointment
Castle Circus Health Centre tel: 01803 656500

Fri
afternoon - phone to book appointment
Castle Circus Health Centre tel: 01803 656500

Sat
Young people's drop in, 10am-12pm, Newton Abbot Hospital tel: 01803 656500

Sexual Health services for Sexually Transmitted Infection (STI) Testing

Tel: 01803 656500 to book an appointment at either Castle Circus Health Centre or Torbay Hospital.

Other help and advice

Services for young people may be able to provide sexual health advice and condoms, or they can certainly advise you on what to do next and the best place to go for advice.

South Devon College
Mon - Fri 9am-4.30pm

Checkpoint, Torquay
Mon - Fri, 12.30-4.30pm and Thurs, 5-7pm
tel: 01803 200100

Chill'd Out Youth Cafe
tel: 01803 254826

YES Brixham
tel: 01803 851414

Tic Tac
(Paignton Community & Sports College)
tel: 01803 403644

Lifestyles Cafe
Barton Health Centre
drop in on Fridays, 3-5pm

Connexions
Union Street, Torquay tel: 01803 200202

Young people's health drop in session
Tuesday 3-5pm at Midvale Clinic, Paignton

School nurses / your doctor's surgery

Other young people's services are currently being developed. Please see www.ruthinking.co.uk to find out when and where they are.

Useful Contacts

Parentline
Information and advice for parents and carers on a whole range of issues.
Tel: 0808 800 2222
www.parentlineplus.org.uk

Brook
Information and advice for young people under 25 on all aspects of sexual health.
Helpline: 0800 0185 023
www.brook.org.uk

RU Thinking
For 13-18 year olds; Information, advice and guidance on relationships, sex and contraception.
Helpline: 0800 28 29 30
www.ruthinking.co.uk

fpa
Information and advice on all aspects of sexual health.
Helpline: 0845 310 1334
www.fpa.org.uk

BPAS
British Pregnancy Advisory Service
Tel: 0845 730 4030

NHS direct
Tel: 0845 46 47

This leaflet can be made available in other languages and formats. For more information please telephone 01803 208903

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Torbay NHS Care Trust

Local contraceptive and sexual health services

www.ruthinking.co.uk

Torbay Council

Third edition